

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_ SSN: \_\_\_\_\_ Gender: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home #: \_\_\_\_\_ Cell #: \_\_\_\_\_ Work #: \_\_\_\_\_

Marital Status :  single  married  divorced  widowed

Email Address: \_\_\_\_\_ (Permission granted to use email for contacting)

Patient's Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Shoe Size: \_\_\_\_\_ Shoe Width: \_\_\_\_\_

Primary Language: \_\_\_\_\_ Ethnicity: \_\_\_\_\_

Family Doctor: \_\_\_\_\_ Last Visit: \_\_\_\_\_

Pharmacy: \_\_\_\_\_ Location: \_\_\_\_\_ Phone: \_\_\_\_\_

**Employment Information**

Employer Name: \_\_\_\_\_ Occupation: \_\_\_\_\_

Is insurance through this employer? YES NO

SSN of Insurance Subscriber (Tricare Insurance only): \_\_\_\_\_

**How did you hear about our office?**

Doctor / Word of Mouth / Website / Sign / Newspaper / Yellow Pages / Other: \_\_\_\_\_

If Doctor or Word of Mouth: Whom may we thank for referring you to our office? \_\_\_\_\_

**What is your main foot or ankle complaint? \_\_\_\_\_**

How long has it been going on? **Days / Weeks / Months / Years**

Is this condition affecting your ability to perform daily tasks? **Yes / No**

**Are you currently experiencing or suffering from:**

- |  |   |
|--|---|
| <input type="checkbox"/> Flat Feet                                       | <input type="checkbox"/> Poor Coordination/ Balance/Falling |
| <input type="checkbox"/> Pain/Fatigue of feet/legs with activity         | <input type="checkbox"/> Coldness in legs/feet              |
| <input type="checkbox"/> Leg pain (shin splints)                         | <input type="checkbox"/> Discoloration of toes/feet         |
| <input type="checkbox"/> Ankle swelling/stiffness                        | <input type="checkbox"/> Slow healing sore on leg/foot      |
| <input type="checkbox"/> Pain in feet getting out of bed                 | <input type="checkbox"/> Burning in toes/feet/legs          |
| <input type="checkbox"/> Heel or arch pain                               | <input type="checkbox"/> Numbness, tingling in feet/toes    |
| <input type="checkbox"/> Knee, hip or back pain                          | <input type="checkbox"/> Other: _____                       |
| <input type="checkbox"/> Achilles tendon pain                            | _____   |
| <input type="checkbox"/> "Toe-in"/"toe-out"/"tip-toe walking             | _____   |
| <input type="checkbox"/> Ankle instability (easy twisting foot or ankle) | _____   |

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**Medications**

No Current Medications

Please See List Attached

| Drug Name | Strength (mg) | How Often? | Prescribed by: |
|-----------|---------------|------------|----------------|
| _____     | _____         | _____      | _____          |
| _____     | _____         | _____      | _____          |
| _____     | _____         | _____      | _____          |
| _____     | _____         | _____      | _____          |
| _____     | _____         | _____      | _____          |
| _____     | _____         | _____      | _____          |
| _____     | _____         | _____      | _____          |
| _____     | _____         | _____      | _____          |
| _____     | _____         | _____      | _____          |
| _____     | _____         | _____      | _____          |

Are you pregnant or a possibility you might be pregnant? \_\_\_\_\_

**Past Medical History** ( Please check all that apply )

None of the following apply

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Anemia  | <input type="checkbox"/> Hepatitis                          | <input type="checkbox"/> Restless Leg Syndrome    |
| <input type="checkbox"/> Arthritis   | <input type="checkbox"/> High cholesterol                   | <input type="checkbox"/> Rheumatic Fever          |
| <input type="checkbox"/> Asthma  | <input type="checkbox"/> HIV/AIDS                           | <input type="checkbox"/> Seizure disorder         |
| <input type="checkbox"/> Blood Clotting Abnormalities  | <input type="checkbox"/> Hypertension (High Blood Pressure) | <input type="checkbox"/> Sickle Cell              |
| <input type="checkbox"/> Cardiac Disease   | <input type="checkbox"/> Kidney problems/dialysis           | <input type="checkbox"/> Skin problems            |
| <input type="checkbox"/> Circulation problems  | <input type="checkbox"/> Lung disease                       | <input type="checkbox"/> Stomach Reflux           |
| <input type="checkbox"/> Congestive heart failure  | <input type="checkbox"/> Migraines                          | <input type="checkbox"/> Stroke                   |
| <input type="checkbox"/> Deep Vein Thrombosis (DVT)  | <input type="checkbox"/> History of MRSA                    | <input type="checkbox"/> Thyroid disease          |
| <input type="checkbox"/> Depression  | <input type="checkbox"/> Neuropathy                         | <input type="checkbox"/> Tuberculosis             |
| <input type="checkbox"/> Diabetes: <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> Diet | <input type="checkbox"/> Osteoporosis                       | <input type="checkbox"/> Ulcer (stomach/duodenal) |
| <input type="checkbox"/> Fibromyalgia  | <input type="checkbox"/> Phlebitis                          | <input type="checkbox"/> Varicose veins           |
| <input type="checkbox"/> Fracture, where? _____  | <input type="checkbox"/> Polio                              | <input type="checkbox"/> Vascular disease         |
| <input type="checkbox"/> Gout  | <input type="checkbox"/> Psoriasis                          | <input type="checkbox"/> Cancer : _____           |
| <input type="checkbox"/> Heart Valve disease/replacement   | <input type="checkbox"/> Respiratory Problems               |   |
| <input type="checkbox"/> Other problems not listed? _____  |   |   |

**Past Surgical History** ( Please check all that apply )

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Amputation of Extremity | <input type="checkbox"/> Foot Surgery              | <input type="checkbox"/> Knee Surgery / Replacement |
| <input type="checkbox"/> Back Surgery            | <input type="checkbox"/> Heart Surgery             | <input type="checkbox"/> Organ Transplant           |
| <input type="checkbox"/> Carotid Artery Surgery  | <input type="checkbox"/> Hip Surgery / Replacement | <input type="checkbox"/> Vascular Surgery           |

**Family History**

- |                       |                                 |                                 |                       |                                 |                                 |
|-----------------------|---------------------------------|---------------------------------|-----------------------|---------------------------------|---------------------------------|
| Arthritis:            | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | Hypertension:         | <input type="checkbox"/> Mother | <input type="checkbox"/> Father |
| Cardiac Disease:      | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | Osteoporosis:         | <input type="checkbox"/> Mother | <input type="checkbox"/> Father |
| Circulation Problems: | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | Psoriasis:            | <input type="checkbox"/> Mother | <input type="checkbox"/> Father |
| Diabetes:             | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | Restless Leg Syndrome | <input type="checkbox"/> Mother | <input type="checkbox"/> Father |

**Allergies or Sensitivities** Please check any drug/medication allergies you may have:

No known drug allergies  Aspirin  Codeine  Latex  Lidocaine  Penicillin  Sulfa  Other: \_\_\_\_\_

**Smoker Status:**

- Current every day smoker  Current some day smoker  Former Smoker  Never smoker
- Heavy tobacco smoker  Light tobacco smoker

**Alcohol Use:**  Never  Rarely  Socially  Daily  Weekly  Former

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

### Financial Policy

#### For patients with insurance:

- I have provided correct insurance information and understand I will be **responsible for payment at time of service** if I fail to disclose correct information to InStride Gaston Foot & Ankle Associates (GFA).
- I authorize GFA to file a computerized claim form (paper or electronic) on my behalf.
- I authorize benefits to be paid to me or on my behalf to the provider for the covered services. I authorize GFA to pursue a formal appeal or grievance on my behalf for any denied claim that they feel should not be denied. If my insurance fails to respond to the claim within **60 days**, GFA reserves the right to collect full payment from me.
- I also agree to be responsible for any **co-payments, co-insurance, unmet deductibles, and non-covered services or supplies and understand that payment is due at the time of service.** Re-billing and collecting fees may apply for past due accounts.

Note: We recognize it is difficult to understand many of the points in today's insurance policies, with new plans and companies emerging constantly. Our office staff will make every attempt to follow the guidelines required by your insurance company. However, please understand that the contract is made between the insurance company and the patient. Therefore, it is **your responsibility** to know and understand the details of your specific coverage.

#### For patients with Medicare

- As a participating provider of Medicare Plan B (Physician Services), GFA will only bill me for my Medicare coinsurance, deductible and any services rendered but not covered by Medicare. All other services will be billed directly to Medicare. I will be required to pay the co-pay/co-insurance and deductibles for authorized services at the time of service.
- Note: I will be informed of services not covered by Medicare prior to these services being rendered. My signature upon the appropriate Medicare Waiver form represents my authorization for the physician to perform these services and my acceptance of the financial responsibility for these services.
- If I have Medicare Part A only, then the services I will receive from the practice will not be covered by Medicare.

#### For patients with Medicare and have changed to an HMO Insurance Policy (Medicare replacement plan):

- I understand that if GFA does not participate with my HMO plan, I may be responsible for **payment in full** if there are no out-of-network benefits.

#### For patients without insurance, or on a plan that GFA does not participate with:

- I understand that GFA financial policy requires payment **in full at time of service.**

#### Late Cancellation or No Show Fees:

- There will be a \$25 fee for any appointment cancelled with less than 24 hours' notice or any appointment missed without prior communication to GFA.

#### Payments:

- GFA accepts Discover, MasterCard, Visa, American Express, debit cards, personal check, and cash.
- If I am unable to pay my balance in full when due, I understand I need to contact GFA's **billing department immediately at 704-861-0425**. I understand that failure to make payment on my account as required every 30 days will require further action to collect the balance in full and my credit rating will be affected. I understand that if regular monthly payments are not received, and no payment arrangements are made, GFA will no longer be able to extend credit to me for future visits and that an additional collection agency fee will also be added to the outstanding balance at the time of transfer to collections

*I have read the above financial policy in full and agree to comply with all the listed policies.*

\_\_\_\_\_  
Signature of Patient or Authorized Representative

\_\_\_\_\_  
Date

Thank you for complying with these policies so that we can keep your costs as low as possible.

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

### Notice of Privacy Practices

I acknowledge that I was offered, or provided, a copy of the Notice of Privacy Practice and that I have read (or had the opportunity to read if I so chose) and understand this Notice.

\_\_\_\_\_  
Patient Signature, Parent or Authorized Representative Signature

\_\_\_\_\_  
Date

### Authorization for Release of Information to Family and/or Friends (*Optional Section*)

**InStride Gaston Foot & Ankle Associates** is authorized to discuss my medical care and may release my confidential protected health information (PHI) to the following:

| Entity to Receive Information<br>Check each person/entity that you approve to receive information | Information to be released<br>Check what information each person/entity can have access to         |
|---|--|
| <input type="checkbox"/> Spouse (provide name & phone number)                                     | <input type="checkbox"/> Any information<br><input type="checkbox"/> Information as follows: _____ |
| <input type="checkbox"/> Parent (provide name & phone number)                                     | <input type="checkbox"/> Any information<br><input type="checkbox"/> Information as follows: _____ |
| <input type="checkbox"/> Other (provide name & phone number)                                      | <input type="checkbox"/> Any information<br><input type="checkbox"/> Information as follows: _____ |
| <input type="checkbox"/> <b>Family Doctor</b> (provide name & phone number)                       | <input type="checkbox"/> Any information<br><input type="checkbox"/> Information as follows: _____ |
| Approximate date of last visit: _____   | <input type="checkbox"/> A copy of our physician's note from this visit                            |

### Rights of the Patient

I understand that I have the right to revoke this authorization at any time and that I have the right to inspect a copy of the protected health information to be disclosed as described in this document by sending written notification to **InStride Gaston Foot & Ankle Associates, Medical Records, Attn: Security Officer; 251 Wilnot Dr. Gastonia, NC 28054.**

I understand that a revocation is not effective in cases where the information has already been disclosed but will be effective going forward from the date on the revocation.

I understand that information used or disclosed as a result of this authorization may be subject to re-disclosure by the recipient and may no longer be protected by federal or state law.

I understand that I have the right to refuse to sign this authorization and that my treatment will not be conditioned on signing this authorization.

This authorization shall be in force and effect until revoked by the patient or representative signing the authorization on behalf of the patient

\_\_\_\_\_  
Signature of patient or personal representative

(Personal representative must provide proof of authority over patient)

\_\_\_\_\_  
Date

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

### Welcome New Patient

Our practice is a division of InStride Foot & Ankle Specialists, PLLC. We have divisions across the state and we operate under one tax ID number. As such, if you have seen any of the following physicians in the past three years, we need to know so that it we will not file a new patient code for your visit today. Since the insurance carriers look at the InStride Foot & Ankle Specialists, PLLC as one large practice, if you have been seen at any of the following divisions, you will not be considered a new patient in our practice. **Visits prior to 2013 do not need to be disclosed.**

Please review the names of the divisions and podiatrists below and indicate if you have been seen at any of these divisions by putting a V on the line to the left of the practice name. Thank you for disclosing this information to us- it will allow us to be in compliance with nationally mandated correct coding initiatives.

|  | Division                                  | Podiatrist  |
|--|---|---|
|  | Alta Ridge Foot Specialists               | Robert van Brederode, William Broyles                               |
|  | Ankle & Foot Center of Charlotte          | Scott Basinger  |
|  | Brunswick Foot & Ankle Surgery, PA        | Joseph Kibler   |
|  | Carmel Foot Specialists                   | Barbara Kaiser, Richard Lind, Richard Miller, Kevin Molan           |
|  | Carolina Foot Care Associates, PLLC       | Ashma Davidson, Terry Donovan, William O'Neill                      |
|  | Central Carolina Foot & Ankle Associates  | Melissa Hill, John Iredale, Gary Liao, Phill Ward                   |
|  | Chapel Hill Foot & Ankle Associates, P.A. | Nicholas Adams, Jane Andersen, Alan Bocko                           |
|  | Charlotte Foot & Ankle Specialists, PLLC  | Kristine Strauss  |
|  | Comprehensive Foot & Ankle Center, P.A.   | Zack Nellas   |
|  | Crystal Coast Podiatry                    | Thomas Bobrowski  |
|  | Eastern Carolina Medical Center           | Scott Matthews  |
|  | Eastover Foot & Ankle, P.A.               | Chris Fuesy, Ron Futerman, Kent Picklesimer                         |
|  | Edgewater Medical Center                  | Scott Matthews  |
|  | Family Foot & Ankle Center, P.A.          | Patrick Dougherty, Doug Smith                                       |
|  | Family Foot Care                          | Kevin McDonald, Tori Simmons-Lewis                                  |
|  | Foot & Ankle Ctr of Durham                | Eric Simmons  |
|  | Foot & Ankle of the Carolinas, PLLC       | Eric Ward, Blaise Woeste  |
|  | Gaston Foot & Ankle Associates, P.A.      | David Kirlin, Ryan Meredith, Wagner Santiago                        |
|  | Greensboro Podiatry Associates, P.A.      | Martha Ajlouny, N'Tuma Jah  |
|  | Hendersonville Podiatry                   | Russ Barone, Pam Stover   |
|  | James Mazur, D.P.M., P.A.                 | James Mazur   |
|  | Matthews Foot Care                        | Brian Killian, Kevin Killian  |
|  | Mt. Airy Foot & Ankle Center, PLLC        | Jim Shipley   |
|  | Piedmont Foot & Ankle Clinic              | Rick Hauser, Rob Lenfestey, Jason Nolan, Joel Kelly, Scott Matthews |
|  | Queen City Foot & Ankle Specialists, P.C. | Roxanne Burgess   |
|  | Raleigh Foot & Ankle                      | Alan Boehm, Robert Hatcher, Jordan Meyers, Kirk Woelffer            |
|  | Ryan Foot & Ankle Clinic                  | David Garchar, Jeff Glaser, Michael Ryan, Scott Whitman             |
|  | Salem Foot Care                           | Walter Falardeau  |
|  | Wake Foot & Ankle Center                  | Mike Hodos, Jim Judge   |
|  | Wilson Podiatry Associates, PA            | Kendall Blackwell   |

\_\_\_\_ I attest that I have been seen in the above indicated division of InStride since 01/01/2013

\_\_\_\_ I attest that to my best recollection, I have not been seen by any of the above divisions/physicians since 01/01/13

Signature of Patient: \_\_\_\_\_ Date: \_\_\_\_\_